

### **Sandwich Bar**

More than just a sandwich! *Fresh sandwiches delivered **and served** buffet style with homemade soup (Potato and Cheddar Leek Soup, Beef Barle,Chicken) and salad or Chili*

**Roast Beef** on a homemade garlic bread dressed with a mild horseradish sauce and cheese garnished with radishes.

**Grilled Portobello Mushrooms and Roasted Red Peppers** served on Tomato Basil Bread.

**Klassic Reuben** – Rye bread with Montreal Smoked meat piled high, topped with sauerkraut and Swiss cheese served with garlic pickles.

**Wrap it up!** Tuna & Artichoke Salad Wrapped with red peppers and capers.

**Grilled Seasoned Chicken breast** dressed with Sundried Tomato Basil sauce served on seasoned homemade bread.

**Crab or Shrimp Salad Roll** – light creamy lemon dressing tossed with green onions and sea legs or shrimp served on a fresh Kaiser bun.

**Muffaletta! a real Deli sandwich** - layers of fresh deli meats, salami, ham, cheeses, roasted peppers, and artichokes dressed in the traditional olive oil salad marinate and served on a large Italian Bun.

### **Hot Lunches**

**Chicken breasts** in a mushroom sauce served with Rice Pilaf & fresh Vegetables

**Lasagna or Cheese Tortellini** served with Caesar Salad or Tossed Garden Salad

**Meatballs in a Portobello Mushroom Sauce** served over a bed of egg noodles.  
Fresh Garden Salad and Bread.

**Stuffed Peppers** (ground meat, fresh herbs, brown and wild rice, topped with cheese) or **Tuna Stuffed Peppers** served with garden salad.

**Vegetable Rice Stir Fry** – basmatic rice tossed with fresh herbs and vegetables.

**Pork Cutlets with Sage and Lemon** served with fresh vegetables and creamy mashed potatoes.

**Shepardess Pie** - layers of homemade sausage, creamy potatoes, fresh herbs and cheese.

**All day service available for seminars.**



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CREATE YOUR OWN BRUNCH EXTRAVAGANZA



Cheese and Mushroom Strata  
Sausage and Cheese Strata

Bacon, Sausage, Cottage Roll

Home fries

Chicken Cutlets and lemon  
Baby Reds in Garlic and Parsley  
Rice

Carved Ham Bone In  
Provence Style Scrambled eggs (tomato and basil)

Kina's French Wraps –  
Bite-sized French toasts soaked in local maple syrup  
and wrapped in bacon

Rice Crispy Squares

Assorted Breads and Jams

Assorted Cold Cuts

Penne and Meat Sauce

Home-made Blueberry Streusel Muffins

Blueberry Pancakes and Maple Syrup  
Pasta Salad  
Broccoli and Cheese Salad  
Bean Salad

Grilled Vegetable Platter & Corn Bread  
Cheese Tortellini Salad  
Fruit and Cheese Platter

Deviled Eggs with Smoke Salmon  
Seafood Linguini  
Lasagna  
Macaroni and Cheese

(minimum number of guests required)

## BREAKFAST BUFFET

Scrambled eggs,  
Kina's French Wraps,  
Bacon and Sausage,  
Home fries,  
Assorted Rolls/Bread and Jams  
Fruit and Cheese Platter

(Minimum of 20 guests)

## BREAKFAST SNACKS

Cheese and Egg Pita Wraps  
Blueberry Streusel Muffins  
Rice Crispy Squares  
Ham and Cheese Croissants  
Potato Patties

## OMELET BAR

Made to order omelets with fresh fillings and assorted cheeses to choose from  
Fruit and cheese platter  
Home fries  
Assorted Breads and Jams



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